

Workshops and Keynotes

Outcomes

Unleash the ability of leaders to positively influence their teams and organizations—and increase employee engagement levels—by adopting a growth (vs. fixed) mindset

This workshop can be combined with "Leadership Essentials" or "Leading with Brain in Mind" to create a full-day offering. It is a foundational component of a leadership development curriculum.

Mindset Matters: Leadership from a Growth Mindset

People approach their lives from one of two essential mindsets—growth and fixed. A growth mindset holds that people are capable of profound growth and change—a fixed mindset sees talent, smarts and abilities as relatively fixed. Many of us—often subconsciously—hold views that are surprisingly "fixed"—a mindset that limits creativity, innovation and engagement. This workshop will provide an opportunity for understanding your own mindset, seeing where and how you can fully embrace a "growth" mindset, and how you can be more effective as a leader by supporting the development of a growth mindset within your organization.

Key Content

- The core mindsets: growth and fixed
- Adopting a growth mindset
- Coaching and recognition with a growth mindset
- Telling our leadership stories with a growth mindset (available in ¾ to full-day workshop)

Length

Offered as a one-hour presentation up to a full-day workshop. Content and level of interactivity adjusted based on time available.

Who can benefit?

Full workshop appropriate for all levels of management and leadership; two to three-hour individual contributor version available—appropriate for all employees.